Coastal Health & Wellness
Governing Board
June 25, 2026

Board Members:

Sergio Cruz
Rev. Jones
Flecia Charles
Nandan Shaw
Thomas Griffiths
Cynthia Darby
Kevin Avery,
Kendall Campbell, MD

Staff:

Lane Baker, MHA, Chief Operating Officer
Chris Garcia, MD, Medical Director
Ashley Jones, RN, Chief Nursing Officer
Tiffany Carlson, RN, Nursing Director
Ruth Cable, Chief Financial Officer
Tomiko Fisher, GCHD Chief Operating Officer

Christina Bates
Wendy Jones
Rebecca Gilliam
Tikeshia Thompson-Rollins
Gretchen Gray, RN

Excused Absences: Elizabeth Williams, and Victoria Dougharty

Items#1 Comments from the Public
No Comments

Items#2-6 Consent Agenda
Board Chair, Sergio Cruz, requested approval of consent agenda items 2 through 6. A motion to approve consent agenda was made by Cynthia Darby. Flecia Charles seconded the motion, and the Board unanimously approved the consent agenda.

Item#7 Coastal Health & Wellness Updates

a) Executive Updates Submitted by Executive Director
b) Operational/Dental/Behavioral Health Updates Submitted by Chief Operating Officer
c) Medical Updates Submitted by Medical Director
d) Nursing/Outreach Updates Submitted by Chief Nursing Officer
e) Human Resources Updates Submitted by Human Resources Director

Operational/Dental/Behavioral Health Updates:
Lane Baker, Chief Operating Officer, provided the Board with the operational updates. An Active Shooter Functional Exercise was successfully completed on June 10 with participation from multiple agencies. Board members were reminded to attend the TACHC Board Training on July 9th.

Lane reported that a new insurance coverage detection tool has been implemented within NextGen to improve insurance verification and support Revenue Cycle Management. Dental services continue to face staffing challenges, with current operations limited to two dentists and one hygienist. The FY2027 budget includes an additional dental hygienist to improve access. Coastal Health & Wellness is also partnering with the College of the Mainland to expand student internships and explore future diagnostic service opportunities.

Revenue Cycle Management continues to improve, with insurance denials reduced by approximately 10% and collections increasing by approximately 10% compared to the previous year. Lane also announced participation in the Aledade Medicare Shared Savings Program beginning January 2027, with projected additional revenue ranging from $600,000 to $1.6 million through enhanced care coordination. Additionally, the organization was awarded a $750,000 Opioid Abatement Council Grant to expand substance use disorder services in partnership with community organizations.

Medical Updates:
Chris Garcia, Medical Director, presented the medical updates.

Diabetes program with UTMB: we continue to have weekly meetings with community health workers to discuss any problems or issues that come up with patients enrolled in this program. We continue to have monthly diabetic education classes for these patients and families. We are now averaging about 10-15 patients attending these classes.

We have started a new collaboration with UTMB School of Public Health. We will be site for diabetic education classes for ages 55 and up. Through this, we will be pursuing certification from **ADCES (Association of Diabetes Care & Education Specialists) and ADA (American Diabetic Association)** Classes have started and are on Thursdays in English and Fridays in Spanish. UTMB School of Public Health also has classes on low impact exercises and classes for pediatric patients for exercise and healthy weight in the community that we will be referring patients to. These are free and open to the public.

We are working with our new IT platforms to track and document quality care measures. Through these processes, we hope to better address care gaps and improve patient care. We are also enrolling with ACOs (Accountable Care Organizations) which offer shared savings. By providing efficient, high-quality care, we help save healthcare dollars, the savings is then shared between the ACO and CHW. This provides passive income for doing what we are already doing.

	April clinic numbers:	May clinic numbers:
Total scheduled patients	2576	2207
Total kept appointments	1942	1676
No Show rate	24.6%	24.1%
Total charges	$628,648.51	$524,699.76

Nursing/Outreach Updates:
Ashley Sciba, Chief Nursing Officer, provided the Board with nursing/outreach updates.

Coastal Health & Wellness Nursing	May 2025	May 2026	2026 YTD
Number of Medical Visits	2063	1509	7906
Provider / Nurse / MA	22/6/13	16/4/11	16/4/11
Nurse Visits	51	53	251
SUD Visits	15	14	62
Patient Education	10	49	219
Durable Medical Equipment	6	27	59
Point of Care Tests	322	262	1370
Immunizations Administered	87	101	796
Number of ImmTrac Logins	140	125	790
Patients Reviewed in ImmTrac	332	296	1843
Patients Added to ImmTrac	6	15	83
Immunizations Added to ImmTrac	77	137	366
Medication Refills	971	730	4387
Medication Prior Authorizations	68	121	960
Patient Calls	3952	2855	15,562

Community Engagement Activities & Events	Date	Engagements
LULAC Cinco de Mayo Community Event	05/03	44
Goodwill – Galveston	05/12	13
Marathon Spring Employee Health Fair	05/13	74
La Marque Hurricane Huddle	05/16	70
Goodwill – League City	05/20	11
AgriLife Community Partner Meeting	05/21	-
Texas City/La Marque Chamber of Commerce Meeting	05/21	-
Financial Literacy Class – Wellby	05/26	10
Senior Bingo at Wright Cuney – Galveston	05/29	120

Moore Memorial Library Summer Kick-Off	**05/30**	**300**
Totals	***10***	***642***

Item#8 Consider for Approval Financial Report Submitted by Ruth Cable

a) May 2026

Ruth Cable, Chief Financial Officer, presented the May 2026 Financial Report. A motion to accept the reports as presented was made by Rev. Jones and seconded by Nandan Shaw. The motion was unanimously approved by the Board.

Item #9 Consider for Approval Appointment to the Executive Director Search Committee, Including the Suggested Members Submitted by CHW Governing Board Member

a) Thomas Griffiths
b) Nandan Shaw
c) Kevin Avery
d) Rev. Walter Jones

A motion to accept the appointment to the Executive Director Search was made by Cynthia Darby and seconded by Flecia Charles. The motion was unanimously approved by the Board.

Item #10 Comments from Board Members

Sergio Cruz informed the Board that the organization remains in need of a secretary, one additional member to serve on the Quality Assurance Committee and one member to serve on the formal committee.

The meeting was adjourned at 1:17 p.m.

Chair

Elizabeth Williams
Vice Chair

Date

7/23/2026
Date