

**Coastal Health & Wellness
Governing Board
January 22, 2026**

Board Members:

Elizabeth Williams
Kevin Avery
Nandan Shaw
Rev. Jones
Cynthia Darby
Flecia Charles
Thomas Griffiths

Staff:

Lane Baker, MHA, Chief Operating Officer
Chris Garcia, MD, Medical Director
Ruth Cable, Chief Financial Officer
Liz Lentz, Human Resources Director
Ashley Sciba, RN, Chief Nursing Officer
Tiffany Carlson, RN, Nursing Director
Tomiko Fisher, Chief Operating Officer

Jason Borillo, PA-C
Debra Martin
Christina Bates
Taylor Silvas
Virginia Lyle
Amanda Wolff
Tikeshia Thompson-Rollins

Excused Absences: Sergio Cruz, Victoria Dougharty and Kendall Campbell, MD

Items#1 Comments from the Public

There were no comments from the public

Items#2-7 Consent Agenda

A motion was made by Kevin Avery to approve consent agenda items two through seven. Cynthia Darby seconded the motion, and the Board unanimously approved the consent agenda.

Item#8 Coastal Health & Wellness Updates

- a) Executive Updates Submitted by Executive Director
- b) Operational/Dental/Behavioral Health Updates Submitted by Chief Operating Officer
- c) Medical Updates Submitted by Medical Director
- d) Nursing/Outreach Updates Submitted by Chief Nursing Officer
- e) Human Resources Updates Submitted by Human Resources Director

Operational/Dental/Behavioral Health Updates:

Lane Baker, Chief Operating Officer, provided the Board with the operational updates. Lane informed the Board that he is currently working on the following items:

Lane provided an update on current priorities and the organization's direction for the year. The primary focus is the development of a comprehensive strategic plan addressing clinical operations, financial health, and long-term sustainability. Phase One of the planning processes began last week with strong engagement, and board members will receive invitations to participate in upcoming sessions.

Key goals include expanding access to care for underserved populations while maintaining financial stability and avoiding operational sprawl by prioritizing high-impact initiatives. Strategies include partnerships with UTMB residents to maintain specialty services at lower cost, collaboration with community providers (such as infusion therapy), and improving referral coordination to increase efficiency and patient access

Additional efforts focus on strengthening integration across departments and with partners like GCHD to better connect patients to behavioral health, medical, dental, and support services. The organization is also pursuing new funding opportunities, including a \$1 million FQHC incubator grant to support a potential new clinic site.

Lane expressed optimism about the year ahead and appreciation for the board's continued support.

Medical Updates:

Diabetes program with UTMB: we continue to have weekly meetings with community health workers to discuss any problems or issues that come up with patients. We continue to have monthly meetings (on a Saturday) for diabetic education. We have averaged about 30 patients attending classes in the past 2 months. Next class is scheduled for this weekend.

We have resumed discussions with Gulf Coast Center on integrating health care between our organizations. We will be using Galveston clinic as our “test site”. We hope to work out any “kinks”, then hopefully expand this to our Texas City clinic in the future. This will include not only our current mutually shared patients but also patients that might need acute care and/or benefit from care from the other organization.

We are working to revamp our scheduling to improve patient access as well as providing dedicated appointments for preventive care, acute care, and hospital discharge follow up appointments.

We are reestablishing an RN Care Coordinator position. Responsibilities include coordinating patient care across primary care, specialists, ER care, and inpatient care. This nurse would also act as an advocate for the individual’s healthcare needs, and coordinates care to minimize the fragmentation of health care delivery systems. Serves as a liaison between the patient, family, and health care team.

Nursing/Outreach Updates:

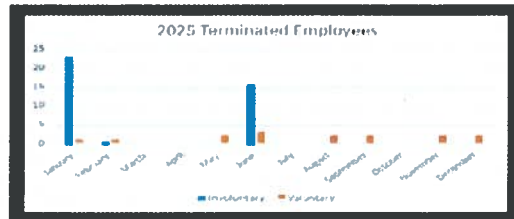
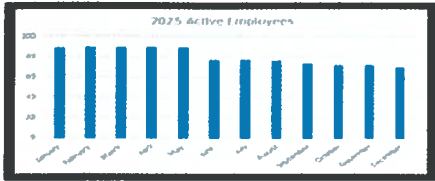
Coastal Health & Wellness Nursing	December 2024	December 2025	2025 YTD
Number of Medical Visits	1987	1442	24,473
Provider / Nurse / MA	26/7/18	23/4/12	23/4/12
Nurse Visits	55	61	655
SUD Visits	8	11	197
Patient Education	5	39	262
Durable Medical Equipment	0	1	145
Point of Care Tests	440	318	4113
Immunizations Administered	360	280	2838
Number of ImmTrac Logins	271	224	2417
Patients Reviewed in ImmTrac	665	577	6705
Patients Added to ImmTrac	47	35	395
Immunizations Added to ImmTrac	100	196	1872
Medication Refills	1003	1172	10,617
Medication Prior Authorizations	36	161	1370
Patient Calls	3309	2997	44,778

Community Engagement Activities & Events	Date	Engagements
Hitchcock Library Holiday Event	12/06	38
Employee Dirty Soda Event	12/11	50
Goodwill – League City	12/11	16
Goodwill - Galveston	12/12	21

Human Resources Updates:

	Active EE Count	Hired EE's For Month - December	Terminated EE's For Month - December
CHW	77	2	2

Open Positions	
CHW	0



Turnover Rate Calculation					
Month	Number of Separated Employees	Average Number of Employees	Monthly Turnover Rates (Percentages)	Quarterly Turnover Rates	Annual Turnover Rate
January	24	87.5	27.4%		
February	2	87.5	2.3%		
March	0	87.5	0.0%	20.7%	
April	0	87.5	0.0%		
May	2	87.5	2.3%		
June	10	87.5	21.7%	24.0%	
July	0	87.5	0.0%		
August	2	87.5	2.3%		
September	2	87.5	2.3%	4.6%	
October	0	87.5	0.0%		
November	2	87.5	2.3%		
December	2	87.5	2.3%	4.6%	62.9%

Item#9 Consider for Approval Financial Report Submitted by Ruth Cable

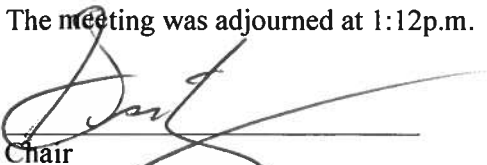
- a) November 2025
- b) December 2025

Ruth Cable, Chief Financial Officer, presented the November 2025 and December 2025 Financial Report. A motion to accept the reports as presented was made by Nandan Shaw and seconded by Kevin Avery. The motion was unanimously approved by the Board.

Item #10 Comments from Board Members

Elizabeth Williams informed the Board that the organization remains in need of a secretary, one additional member to serve on the Finance Committee, two members to serve on the Quality Assurance Committee and two members to serve on.

The meeting was adjourned at 1:12p.m.


Chair

02/26/2024
Date