



COASTAL HEALTH & WELLNESS

GOVERNING BOARD

9850-A.106 Boardroom Emmett F. Lowry Expressway, Texas City

SPECIAL MEETING AGENDA Tuesday, October 14, 2025 12:00 PM

CONSENT AGENDA: ALL ITEMS MARKED WITH A SINGLE ASTERICK (*) ARE PART OF THE CONSENT AGENDA AND REQUIRE NO DELIBERATION BY THE GOVERNING BOARD. ANY BOARD MEMBER MAY REMOVE AN ITEM FROM THIS AGENDA TO BE CONSIDERED SEPARATELY.

PROCEED TO BOTTOM OF THIS DOCUMENT FOR APPEARANCE & EXECUTIVE SESSION GUIDELINES

In accordance with the provisions of the Americans with Disabilities Act (ADA), persons in need of a special accommodation in order to participate in this proceeding should, within two (2) days prior to the proceeding, request necessary accommodations by contacting CHW's Executive Assistant at 409-949-3406, or via email at trollins@gchd.org

ANY MEMBERS NEEDING TO BE REACHED DURING THE MEETING MAY BE CONTACTED AT 409-938-2288

SPECIAL MEETING

**Meeting Called to Order
Pledge of Allegiance**

- *Item #1**ACTION**..... Comments from the Public
- Item #2**ACTION**..... Consider for Approval Appointment of Nandan Shaw to Serve on the Governing Board as a Community Representative
- Item #3**ACTION**..... Consider for Approval Appointment of Thomas Griffiths to Serve on the Governing Board as a Consumer Representative
- Item #4..... Comments from the Executive Committee

Adjournment

Next Regular Scheduled Meeting: October 23, 2025

Appearances before the Coastal Health & Wellness Governing Board

A speaker whose subject matter as submitted relates to an identifiable item of business on this agenda will be requested by the presiding officer to come to the podium where they will be limited to three minutes (3). A speaker whose subject matter as submitted does not relate to an identifiable item of business on this agenda will be limited to three minutes (3) and will be allowed to speak before the meeting is adjourned. Please arrive prior to the meeting and sign in with Galveston County Health District staff.

Executive Sessions

When listed, an Executive Session may be held by the Governing Board in accordance with the Texas Open Meetings Act. An Executive Session is authorized under the Open Meetings Act pursuant to one or more the following exceptions: Tex. Gov't Code §§ 551.071 (consultation with attorney), 551.072 (deliberation regarding real property), 551.073 (deliberation regarding a prospective gift or donation), 551.074 (personnel matters), 551.0745 (personnel matters affecting Coastal Health & Wellness advisory body), 551.076 (deliberation regarding security devices or security audits), and/or 551.087 (deliberations regarding economic development negotiations). The Presiding Officer of the Governing Board shall announce the basis for the Executive Session prior to recessing into Executive Session. The Governing Board may only enter into Executive Session if such action is specifically noted on the posted agenda.

Nandan Shaw is a pharmacist with nearly 20 years of experience in community, retail, specialty, and 340B pharmacy operations. He currently manages pharmacy operations across multiple independent pharmacies in Houston and Galveston, overseeing compliance, quality, financial performance, and team development. Previously, he built and managed a large 340B program for Southside Pharmacy, leading operations across 16 locations, and served as a district pharmacy supervisor with CVS Health for 10 years. Licensed in Texas and Massachusetts and holding an MS in Pharmacy Administration from University of Houston and MBA in Marketing, Nandan combines clinical expertise with business strategy to drive growth, ensure regulatory compliance, and improve patient care.

NANDAN KUMAR SHAW MS, MBA, RPh

PROFESSIONAL EXPERIENCE

Galveston Specialty Pharmacy, Galveston, TX 2018 to present
Hitchcock Hometown Pharmacy, Hitchcock, TX 2019 to present
Galveston Broadway Drug, Galveston, TX 2021 to present
Director of Pharmacy Operations

- Lead and direct the pharmacy staff. Accountable for the management, oversight and operation of all aspects of pharmacy including pharmacy professional practice, regulatory requirements, QA, customer service, financial profitability and more.
- Manage and support the 340B program with covered entities. Manage 340B operations and essential compliance elements including 340B pharmacy audit.
- Manage the sales, service, scripts and pharmacy team members.
- Meet store level goals service, scripts, inventory, immunizations etc.
- Motivate, inspire and develop the pharmacy support staff by balancing assignments that maximize colleagues' strengths, address development opportunities and decrease knowledge gaps.
- Monitor inventory status and manage inventory to maximize profitability and growth.
- Work in accordance with pharmacy laws established by local, state and federal.

Southside Pharmacy, Houston, TX 2014 to 2018
Director of 340B Pharmacy Operations, Community Retail, Specialty, Central Fill and Infusion

- Lead organizational pharmacy operations (340B, Specialty, Retail, central fill and Infusion pharmacies), sales and service for 16 locations.
- Started and implemented the 340B Program for the organization, develop policies and procedure for the 340B Program.
- Established and implement overall pharmacy operation policies and procedures for the organization.
- Responsible for daily operations, personnel management and ensure regulatory compliance with all state, federal and regulatory agencies pertaining to medication management.
- Partner with Finance team for inventory management and budget optimization.
- Employee staffing, training, and development. Develop internal talent and maintain succession plan for key pharmacy positions. Managed a team of 20 pharmacist and more than 50 pharmacy technicians.
- Plan, organize monitor and control projects, ensuring efficient utilization of technical and administrative resources, tools and templates.
- Provide work direction, resolves problems, and set deadlines to ensure timely completion of work/projects.

CVS Pharmacy, Houston, TX 2011 to 2014
District Pharmacy Supervisor, Community Retail

- Manage sales and service in Southwest Houston market (Texas Medical Center, Pearland, Stafford and Missouri City) Responsible for market share, growth and expansion.
- Manage 20 retail locations with more than 70 pharmacists and over 350 pharmacy technicians.

- Ensure compliance with all local, state and federal regulations and laws pertaining to the practice of pharmacy. Provide legal, regulatory and ethical support to pharmacists.
- Drive business using key levers. Manage budget (Rx hour guideline), inventory management achieve MCP, manage acquisition and file buys.
- Resolve all escalated customer complaints including dispensing incidents using root cause analysis and be a model of customer service.
- Implement and execute Quality Assurance Monitoring Program and resolve all Quality Complaints within 24 hours. Escalate to Risk management as necessary.
- Develop internal talent and maintain succession plan for key pharmacy positions.
- People development and support. Facilitate pharmacist and pharmacy support staff training. Manage and execute training goals for the district.
- Employee Engagement. Use employee feedback to identify strengths and areas of improvement in the district. Partner with HR and develop a plan to increase employee engagement.

CVS Pharmacy, Massachusetts and Texas

2005 to 2011

Pharmacy Manager

- Manage the sales, service, scripts and employees at store level. Filled more than 3000-4000 Rxs per week.
- Meet store level goals on KPIs (service, scripts, MCP, inventory, immunizations and KPM)
- Lead and direct the pharmacy staff. Accountable for the management, oversight and operation of all aspects of pharmacy including pharmacy professional practice, regulatory requirements, QA, customer service, financial profitability and more.
- Motivate, inspire and develop the pharmacy support staff by balancing assignments that maximize colleagues' strengths, address development opportunities and decrease knowledge gaps.

EDUCATION

- **MS Pharmacy Administration**
University of Houston, College of Pharmacy, Graduated 2005
- **MBA Marketing Management**
University of Pune, India, Graduated 2002
- **BS Pharmacy**
University of Pune, India, Graduated 2000

LICENSES AND CERTIFICATION

Licensed Pharmacist: Texas and Massachusetts
340B Certification: Apexus 340B University on demand

[Back to Agenda](#)

Thomas (Tom) Griffiths - Biography Letter

Dear Coastal Health and Wellness Board Members,

I am honored to submit my biography for consideration as a board member of Coastal Health and Wellness. My personal and professional journey has been deeply rooted in substance use disorder education, prevention, and public health advocacy, and I believe my experiences uniquely position me to contribute valuable insights to the board.

Since 2014, I have been actively involved in substance use disorder education and prevention. From 2014 to 2018, I worked at two inpatient drug treatment centers, where I provided education on substance use disorder, prevention strategies, and harm reduction methods. This work allowed me to engage directly with individuals in need and support their recovery journeys.

In 2018, I transitioned to Gulf Coast Center, focusing on HIV outreach, testing, and education. During my time there, I played a key role in facilitating the substance use disorder outpatient peer support group, further reinforcing my commitment to community health and wellness.

From 2019 to 2021, I served as the HIV Prevention Specialist at the Galveston County Health Department. In this role, I provided HIV outreach, education, and testing services across Galveston, Brazoria, and Matagorda Counties. My dedication to HIV prevention and education continued when I joined Access Care of Coastal Texas (ACCT) in July 2021 as the Outreach and Prevention Coordinator. At ACCT, I continue to provide essential HIV outreach, education, and testing services to the communities in these counties.

In April 2024, I was honored to be invited by the AIDS Education and Training Center (AETC) at UTMB to serve as a panelist for the 8th Annual UTMB/AETC HIV Conference. This opportunity allowed me to share my expertise and experience with professionals dedicated to improving HIV care and prevention efforts.

Beyond my professional contributions, I am a current client at the Coastal Health and Wellness Dental Clinic and a person living with HIV. My lived experience, coupled with my extensive work in public health, gives me a unique perspective on the challenges and barriers that clients face when seeking services at Coastal Health and Wellness.

I am confident that my background and dedication to health advocacy would be a valuable asset to the board. I am eager to contribute my knowledge and firsthand insights to support Coastal Health and Wellness in its mission to provide quality care to our community.

Thank you for your time and consideration. I look forward to the opportunity to serve and make a meaningful impact.

Sincerely,

Thomas (Tom) Griffiths

Thomas M. Griffiths

OBJECTIVE

To obtain a position to make a positive impact on my community. To provide hope and inspiration to people so they may strive to do better for themselves.

EXPERIENCE

Access Care of Coastal Texas 07/2021-Current Galveston, TX---Outreach/Prevention Coordinator

Develop and maintains relationships with community partners. Provides work in the community to decrease the HIV infection rate through education, testing and management of both Pre-Exposure Prophylaxis (PrEP) and Post-Exposure Prophylaxis (PEP) programs. Arrange education and training for the staff at Access Care of Coastal Texas.

Galveston County Health District 05/2019- 07/2021 Texas City, TX---HIV/STD Prevention

Counselor/Web navigator

Obtain blood samples for testing according to protocol. Responsible for social media content creation and management. Selected venues and sites for providing counselling and testing at-risk population. Ensures client confidentiality. Implement education initiatives and condom distribution in targeted areas. Assisted with covid outreaches for testing and vaccinations.

Gulf Coast Center 08/2018 -05/2019 Galveston TX--- HIV Prevention Specialist

Test at risk populations for HIV. Connect clients to services and into care. Attend trainings and conferences provided by DSHS. Provide education on HIV and STD's. Attend Health Fairs. Provide condoms, needle cleaning kits, fentanyl test strips, and other items for at risk populations.

Bay Area Recovery Center 08/2016-08/2018 Dickinson TX --- House Manager

Observe client's behavior and report to counselors. Make sure the clients are on time to groups, they prepare meals on time, the houses are maintained and cleaned. Administer client's medication daily. Provide detox medications to clients and observe their behavior. Lead groups of 12 step recovery. Pick clients up from TDCJ prisons within the state of Texas.

Watershed Treatment Facility 08/2015-08/2016 Webster, TX ---BHT/Security Transport clients to and from classes, grocery shopping and to meetings. Document and report unusual behavior of clients. Make sure residence property is secure and safe. Advise and counsel clients, as necessary.

The Greenhouse Mall 07/2005-11/2013 Austin, TX--- Assistant Buyer and Freight Coordinator. Create and maintain pricing, visual merchandising and inventory control. Special projects working with our advertising agency to create effective add campaigns. Interview, and set up training schedule for new hires. Develop operations and sales training manual. In charge of repairs and warranty department. Coordinate all freight traffic to and from GHM. Create purchase orders, process acknowledgements from purchase orders, receive goods into inventory.

Rooms to Go 06/2004-07 /2005 Cedar Park, TX. ---Sales Provide excellent customer service. Educating customers on the value and styles of furniture. Achieve quality standards in category of merchandise.

Williams-Sonoma 08/2000 – 11/2003 Brea, CA.---Store Manager Effectively supervise store operations, maintain appropriate inventory levels, promote, and maintain a positive work environment. Develop and motivate staff to provide the highest level of customer service and maximize sales. Ultimately responsible for all aspects of the store. Recruit, interview, and hire management and sales candidates to ensure a full staff and backups. Achieve budgeted sales and payroll plan. Evaluate business, forecast sales, and plan payroll expenditure based on current trends. Develop and implement effective selling techniques, continually training, motivating, and challenging staff. Assist District Manager identifying potential candidates for the district.

Williams-Sonoma 04/1999-08/2000 San Diego, CA. --- Assistant Manager Develop staff through training, coaching, and counseling associates, contributing to performance appraisals and regular communication of performance issues with store manager. Direct workflow of the backroom operations including stockroom organization, supply needs, shipping and receiving and scheduling for maximum efficiency and productivity. Exemplify the highest level of customer service standards reinforcing those principles by regularly providing feedback to staff.

Williams-Sonoma 09/1987- 04/1999 Austin, TX. --- Senior Sales Manager Act as a floor supervisor and give appropriate leadership and feedback to associates. Act as a resource for sales associates on product information. Maintain visual standards including merchandise presentation, signage, lighting, and general maintenance. Regularly communicate suggestions for sales opportunities and organizational improvements to assistant manager.

Old Navy (GAP) 1995-1997 Austin, TX. --- Kids Merchandising Manager Coordinate monthly visual rollout per company directive. Supervise staff and operations of store. Interviewed, hired and trained new store staff. Deliver performance appraisals and annual reviews. Coaching staff on selling techniques and product information.

EDUCATION

1985-1987 University of Texas--- Austin, TX Major: Finance/Economics & Minor: Philosophy

1983-1985 College of the Mainland---Texas City, TX Major: Accounting and Computer Sciences

1980-1983 Clear Creek High School---League City, TX

[**Back to Agenda**](#)